

Family Life Foundation | 530.879.5991

Trishanne Lininger

MA, LMFT, LPCC Executive Director

Areas of expertise: Adults, Teens, Children, Couples, Families, Mediation

Higher Ground Counseling | 530.413.0032

Josh Ascherman, MA, LMFT Licensed in the State of California

"I provide counseling for children, couples, families, and adults. I am privileged to witness the courageous changes clients make to improve their lives."

Tiffany Doolittle, MSW, Supervised by Josh Ascherman

Tiffany has 15 years' experience working with people who suffer from chronic illness, anxiety, depression, trauma, self-harm. She also works with those in foster care/adoption groups, and with developmental disabilities, and military veterans.
