

# Prayer

---

Jesus' how to's



# Prayer | Jesus' How To's

## **Introduction:**

Let's face it, we can all grow in prayer. God wants to hear from His kids and frankly most of us don't talk with Him enough. In an effort to grow in prayer let's look to Jesus. Jesus gives us some "how to's" when it comes to prayer.

Use this resource to grow in prayer. Work hard. We're excited to see how God will use this in your world for His glory and your good.

# PRAYER, JESUS' HOW TO'S | PART 1

## PRIORITY AND PURPOSE

### **Content:**

**Read:** Luke 11:1-4

**Takeaways:** Jesus models how we should pray, by providing five areas of focus.

Today we look at the first two:

1. Priority - that God's name be honored
2. Purpose - that God's kingdom come. In the scriptures we see, "your kingdom come as it is in heaven." Well what is God's kingdom like? Answer: God reigns (without resistance), it's reordered around the powerful love of God, built on grace, advances with compassion and is self-giving. This is **NOT** an exhaustive list but some of what we see the kingdom of God is like.

### **Practice:**

**Read:** Psalm 148

**Journal:** On a piece of paper, list ten things about God that bring Him honor. Give examples of how you've seen them in your own life (for example, faithfulness, strength).

### **Pray:**

Speak to the Lord, praising Him for those specific instances. Tell Him how much you love him.

What things about God or His kingdom would you like to see more of in your life?

## PRAYER, JESUS' HOW TO'S | PART 2

### PROVISION AND PURITY

#### **Content:**

**Read:** Luke 11:1-4

**Takeaways:** Jesus models how we should pray, he provides five areas of focus.

Today we look at the second two:

1. Provision - "Give us each day our daily bread." God tells us to bring our requests to Him. He knows our needs and will provide what is good. Whatever He answers may be different than our wants or expectations, but still good.
2. Purity - "Forgive us our sins as we forgive those who have sinned against us."

#### **Practice:**

##### **Now:**

1. What ways have you seen God answer your prayers (past or present)? Write them down.
2. What are you asking from Him now? Read Psalm 51 aloud as a prayer of confession and repentance.
3. What prayers do you want God to answer? Write them down.
4. Sit quietly in God's presence and ask the Holy Spirit to reveal to you the places you have fallen short. These might be specific instances ("I lost my temper this morning"), or habitual sins (lust, anger, and so on).
5. Confess these things aloud to God. Ask for forgiveness and for God's help to turn away from them. If necessary, write yourself a reminder to apologize to anyone you've injured.

## PRAYER, JESUS' HOW TO'S | PART 3

### PROTECTION AND PRAISE

#### **Content:**

**Read:** Luke 11:1-4

**Takeaways:** Jesus models how we should pray, he provides five areas of focus.

Today we look at the last two:

1. Protection - "Lead us away from temptation and deliver us from the evil one."
2. Praise - God, thank you for the protection you provide currently and eternally.

#### **Practice:**

**Read:** 1 Corinthians 10:13

*Answer the questions below:*

1. What stands out to you from the scripture you just read?
2. What ways do you see the evil one attacking you or others?
3. How has God protected you before? In prayer, thank God for the ways He has protected you.

**Read:** Psalm 100

1. In a journal or on a piece of paper, make a list of twenty things you are thankful for (past or present).
2. Go back over the list and thank God for the specifics of each item. Meditate on the amazing way God helped you each time. Write some of the details down.
3. Take a few minutes to thank and praise God for answered prayer.